



**This is the form you will be required to complete to consent in order to claim the full refund. It is located at the end of the Program Completion Survey.**

**PUBLICITY RELEASE FORM**

I confirm that I give permission to SP Health Co Pty Ltd ABN 73 123 248 046 and its related companies (together "SP Health"), who are the managers of the CSIRO Total Wellbeing Diet, to use my name, any still and video images and/or audio, as well as any relevant personal information gathered as part of a promotional interview given by me (together "Materials") as set out in this Form.

<b>Platform</b>	Total Wellbeing Diet
<b>Territory</b>	Worldwide
<b>Time Period</b>	Ongoing
<b>Type of Usage</b>	Total Wellbeing Diet website, digital, PR, print and social advertising

In addition to the rights granted above, I confirm that I give permission to SP Health to use the Materials:

1. On the websites associated with the CSIRO Total Wellbeing Diet;
2. In print, online, digital, social and television advertising for the Total Wellbeing Diet; and
3. For publicity purposes for the Total Wellbeing Diet.

I confirm my understanding that:

- (i) The use of the Materials by SP Health is undertaken without any form of consideration to me; and
- (ii) My remedies in relation to this release are limited to the right to recover damages at law. Under no circumstances am I entitled to rescind any permission given in this release or, revoke the rights granted under this release, or seek any injunction against SP Health.

I consent SP Health sharing my weight loss journey. I also I acknowledge that I have read and understood this release form.

Our members at the CSIRO Total Wellbeing Diet love to see the weight loss journey of others as it both motivates and inspires them to succeed. As part of our full refund offer, we would like to share your story. Hopefully by sharing the great successes of members like you, we will help someone else change their life for the better.

Please provide the following information:

1. In a few short sentences, please tell us how has your life has changed since losing weight.
2. In one or two sentences, please describe what you liked best about the Total Wellbeing Diet online program:
3. Did the refund promotion motivate you to achieve your goals, and if yes why?
4. What are your top tips to help other members?
5. Please can you upload a before & after photo that you would like us to use in promotions. Alternatively, please give us permission to use any of the photos you uploaded in the member platform.
6. Please can you provide any social handles